

# Andean Awakening Tour of Peru Itinerary

## July 14 - 28, 2010

Come and experience Peru from the viewpoint of a great spiritual teacher, author and shaman - Jorge Luis Delgado. Join us July 14-28, 2010 and let the energy of Peru flow through your heart, and renew your spirit!

Embrace the three Inca principles of life, Munay, Llanccay, and Yachay. Munay is the Law of Love; unconditional love and compassion for everything that surrounds us. Llanccay is the Law of Service; working and creating through the expression of your gifts as the ultimate service to the Divine. And Yachay is the Law of Wisdom; connecting with your inner spiritual or authentic self and knowing all is One.

*Divine Adventures*  
and



**Day 1, July 14 ARRIVE IN LIMA** - Today we arrive in Lima, spending the night in a charming airport hotel to prepare for our morning flight to Cusco.

**Day 2, July 15 FLY TO CUSCO** - We take a morning flight to Cusco - the Navel of the Universe and Center of the Incan Empire. We are transferred to the Taypikala Hotel and take time to adjust to the altitude. Here we connect with the first animal guide of the Incas - the great Puma - which represents this world and this time. Just being in Cusco, we become part of Puma. In its presence, we liberate the heavy energy (Huchay), and, with the help and courage of Puma, absorb and expand the refined energy (Sami) through our Cusco (navel). Overnight in Cusco.

**Day 3, July 16 PAUCARTAMBO** - We leave early to go to Paucartambo to participate in the Fiesta de la Virgen del Carmen - a colorful mix of Andean pre-Columbian ceremonies and Catholic religion in which masked, costumed dancers relive ancient gods and rites. Overnight in Paucartambo.

**Day 4, July 17 PAUCARTAMBO to CUSCO** - We connect with Inti, the sun God and Giver of Life, in a sunrise ceremony. We absorb Inti's light and warmth remembering our heritage as Children of the Sun. We return to Cusco via Huasao whose inhabitants are healers and shamans making it the capital of healing in the Andes. They mix a traditional Christian faith with one concentrating on the power of the Earth itself. The people here profess to read your future in coca leaves, and will give offerings to Mother Earth on your behalf. Overnight in Cusco.

**Day 5, July 18 KILLARUMIYOC** - We travel to Killarumiyoc; an Incan lunar calendar and temple dedicated to the moon goddess known as Mama Quilla. Mama Quilla was Inti's sister and wife - the feminine side of the Universe who influenced the tides and the growth and fertilization of plants. With the help of Mama Quilla, we reconnect and make an offering to Mother Earth. Overnight in Cusco.

**Day 6, July 19 ALTARS & MORAY** - Today we visit the Temple of the Heart, the Temple of the Moon (Amaru Machay - 'Place of the Serpent') and Moray. Heart-to-heart in the Temple of the Heart, we surrender to love and experience the authentic part of this energy. And in the Temple of the Moon, we connect with the womb of the Mother and the Serpent giving us the opportunity of a new rebirth. Venturing on to the sacred terraces of Moray, we find four huge natural depressions that have been sculpted into deep terraces. These circles represent for us the Cosmic Spiral - the expansion of our essence from our center. We work with the energy of this place to connect to the womb of Mother Earth and one-by-one put our message into the Cosmos to live fully in this life. Overnight in Cusco.



**Day 7, July 20 PISAC & OLLANTAYTAMBO** - We begin our trip up the Sacred Valley along the Urubamba River stopping in Pisac and Ollantaytambo. The Pisac and Ollantaytambo ruins are the most important ruins in the valley with their agricultural, spiritual and political roots. Here we greet and talk with the spirits of the mountains (Apus) using the 'Mama Cuca' (coca leaves) to send our intentions from our inner center to the spiritual world. We walk along the energetic line, called Tunupa's Route, visiting the Inca power places and connecting with the third animal guide of the Incas - the great Condor. Overnight in Ollantaytambo.



**Day 8, July 21 MACHU PICCHU** - Taking the train from Ollantaytambo, we arrive in Aguas Calientes at the base of the 'Crystal City'. With great anticipation, we continue our pilgrimage to Machu Picchu celebrating our true essence, as the Children of the Sun. After asking permission of the guardians of Machu Picchu - the Puma, Condor and Light of Spirits - to enter, we ask to expand our spirits with the qualities of the Father and the Mother - Munay (love), Llancay (service), Yachay (wisdom). Our pilgrimage includes a visit to the Seven Places of Power intertwined with meditation and ceremonies to connect us fully to the energetic power of Machu Picchu. Every invocation made at Machu Picchu is amplified to incalculable proportions due to the stone complex's high voltage magnetic focal point. Overnight in Aguas Calientes.



**Day 9, July 22 MACHU PICCHU & CUSCO** - We return to Machu Picchu for a sunrise ceremony, merging our energies with this sacred site and deepening our understanding of the Inca mythology. Enjoy the rest of the day following your intuition and exploring at your own pace. You may want to climb the sacred peak of Wayna Picchu, hike to the Temple of the Moon, walk to the Sun Gate or Inca Bridge or further explore the Royal Tomb, the Funerary Rock, the Sacred Plaza, the Condor Temple or the Inihuatana Stone. In the afternoon, we return to Cusco. Overnight in Cusco.

**Day 10, July 23 LEAVE for PUNO** - We travel up and across the highest road in Peru; watching the scenery change as we near the High Plateau and Puno. In route, we visit Raqchi - the Temple of Wiracocha - built for 'Apu Kon Titi Wiraqocha', the superior invisible God of the Andean people. Perhaps the most audacious Inca construction with the largest single roof, the temple is built on top of a volcanic stone foundation. Here we connect with the element of fire in preparation for our further water cleansing at Lake Titicaca. Overnight in Chucuito (outside Puno).

**Day 11, July 24 CUTIMBO & INKA TUNUHUIRE** - Today we venture to Cutimbo, an ancient burial ground, which sits atop a table-topped volcanic hill. Within its three large towers or chullpas, are found tombs from three Peruvian cultures; the Colla, Lupaca and Inca. We pay homage to our ancestors and the wisdom that they provide. On to Inka Tunuhuire where we find monoliths related to the Tiwanaku Culture, one of the most important precursors to the Inca Empire. Overnight in Chucuito (outside Puno).



**Day 12, July 25 ARAMU MURU PORTAL** - Walking by the Puma and across the back of the Serpent, we make our way to the Condor at the Interdimensional Gateway of Lord Aramu Muru. This gateway was not known for many years until Jorge saw it in a dream. He went to his elders who told him he had a sacred responsibility to re-discover this place...and so he did! We have a special ceremony to help us connect with the vortex energy and venture through the portal to other dimensions and worlds. We return to Chucuito for a free afternoon to relax and integrate our interdimensional travels. Overnight in Chucuito (outside Puno).

**Day 13, July 26 ISLA AMANTANI** - We go to Puno and board our boat to cross Lake Titicaca - the highest navigable lake in the world - to the island of Amantani. Isla Amantani is home to two temples - one to the Cosmic Mother (Pachamama) and one to the Cosmic Father (Pachatata). Known as the balance island, we have a full moon ceremony and present an offering to bring together heaven and earth and to life itself. We stay overnight with one of the warm, open-hearted and hospitable families; breaking bread and celebrating under the moon lit sky. It truly is a beautiful, once-in-a-lifetime experience. Overnight in



Adobe House of Amantani Islanders.

**Day 14, July 27 TAQUILE & PUNO** - We bid farewell to our humble hosts and take our boat to the island of Taquile. Taquile has several Inca ruins as well as a unique lifestyle. They run their society based on community collectivism and on the Inca moral code of ama sua, ama llulla, ama qhilla (Quechua for "do not steal, do not lie, do not be lazy"). Every islander shares the responsibilities and the rewards. For most of the residents, spinning yarn and weaving intricate patterns thousands of years old are as important to everyday life as farming and cooking - with most of the knitting be done by the men! We continue on our boat to Puno. Overnight in Chucuito (outside Puno).



**Day 15 July 28 SILLUSTANI & HOME** - On our way to the airport in Juliaca, we visit the Cemetery Temple of Sillustani, the place of a remarkable telluric force that created a small plateau from where it is possible to see Umaya Lake and the mountains. The Altiplano becomes our altar for practicing Mantras, Energizing Chains and Mandalas. In Sillustani we work at the Temple of Fire to connect with the Cosmic Spiral and visit the Chullpas (Burial Towers) which hold the secret of reincarnation. Transfer to the airport in Juliaca to fly to Lima to connect with our international flights.

**The cost of the program:**

PRICE PER PERSON IN US DOLLARS FOR THE 15 DAY / 14 NIGHT PROGRAM

DOUBLE OCCUPANCY \$3295\*

\* For Single Supplement add \$450

**Price includes:**

- A fully guided tour featuring spiritual guide and author Jorge Luis Delgado
- 14 nights of lodging at 3 star\* accommodations (\*except home stay in Isla Amantani and overnight in Paucartambo)
- Group transportation to and from airports
- All land transportation within Peru (bus, train, boat)
- 14 breakfasts, 2 lunches and 3 dinners
- Guided ceremonies and spiritual processes
- All entrance fees for group excursions listed in itinerary
- Gratuities for group travel (i.e. drivers, bell boys, tips for group dinners, guide)



**Price does NOT include:**

- All airfare - International airfare to and from home city to Lima and National airfare within Peru from Lima to Cusco and Juliaca to Lima
- Airport departure taxes
- Other meals not noted above
- All beverages
- Additional gratuities beyond group travel (i.e. room maids)
- Miscellaneous (i.e. phone calls, laundry, personal expenses, shopping)
- Travel and Trip Cancellation Insurance (highly recommended)

**NOTE:**

- (1) Itineraries are subject to change.
- (2) \$600 deposit at registration, total due on May 1st.

If you have any questions, call:

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